



## MIGISI ALCOHOL & DRUG TREATMENT CENTRE

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Migisi Treatment Centre encourages accepted applicants to bring their own personal supplies while attending our twenty-eight (28) treatment program. Please use the list provided below as a guideline for personal items to bring. Please note Migisi does not provide any of the following.

<b>Personal Item Check List</b>	
<b>Item</b>	<b>✓</b>
Brush, Comb	
Shampoo, Conditioner, Soap, Body Wash	
Toothbrush & Toothpaste	
Towels (E.g. bath, hair, face)	
Shaving Items	
Laundry supplies: If allergic to certain detergents or fabric softeners <i>(Migisi provides Sunlight laundry detergent &amp; Bounce fabric sheets)</i>	
<b>Ceremonial Clothing: (For sweats, cedar picking or other traditional practices)</b> <b>MEN</b> – Shorts, extra towel <b>WOMEN</b> – Skirts or nightgown (must be below knees), extra towel	
Sanitary Napkins (Pads, tampons, etc.)	
Money (Cigarettes, tobacco or other purchases)	
I.D's (Health card, Status card, etc)	

***This is for your own personal use; Migisi does not require a copy***